

The Hardest Person to Forgive

By John Miller

Take a moment and walk to a mirror. Look at your reflection. What do you see? Your face reveals the past, the future and today. You look at yourself and see what could have been, or you might say, “I could use a face lift” or “There goes my hair line”. That is not what you should be looking at this moment. Look into the mirror again. You are now looking at the hardest person in the world to forgive.

When we refuse to forgive ourselves it is an act of disobedience in refusing to forgive another. Jesus taught some of His hardest lessons on the topic of forgiveness.

In Matthew 6:14-15, we read, “If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins”.

People live out their lives failing to forgive themselves for many things. God has already forgiven them but they never let themselves off the hook.

Forgive yourself; look in the mirror, take a deep breath and say, “Self, I forgive you.” Think about this.

Have you lost the cutting edge? Have you felt that it was irretrievable? If so, think about taking the hand of Christ and walk with Him to the place where you first took a misstep. You have repented and know God has forgiven you, yet the feelings of guilt and condemnation have not fully lifted.

Is it possible that you need to make a trip to the nearest mirror and forgive yourself?